

HEALTH AND WELLBEING BOARD

28 NOVEMBER 2018

| | Report for Resolution/ Report for Information |
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| Title: | Forward Plan |
| Lead Board Member(s): | Councillor Sam Webster (Chair) |
| Author and contact details for further information: | Jane Garrard, Senior Governance Officer jane.garrard@nottinghamcity.gov.uk 0115 8764315 |
| Brief summary: | The Board's Forward Plan for the remainder of 2018/19 is attached. The Board has introduced a new approach of using a proportion of each meeting for a substantial themed discussion on a specific issue of importance to the City from a health and wellbeing perspective. The first theme was 'alcohol'. The Board is asked to discuss, and identify issues for future themed discussions. |

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

- a) note the Forward Plan for the remainder of 2018/19; and
- b) identify issues for themed discussions at future Board meetings.

| Contribution to Joint Health and Wellbeing Strategy: | |
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| Health and Wellbeing Strategy aims and outcomes | Summary of contribution to the Strategy |
| Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities | Publication and delivery of the Joint Health and Wellbeing Strategy is a key responsibility of the Board. In setting its programme of work, and in the outputs of that work the Board will want to ensure that it is contributing to the Strategy. |
| Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy | |
| Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles | |
| Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health | |
| Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well | |
| Outcome 4: Nottingham's environment will | |

be sustainable – supporting and enabling its citizens to have good health and wellbeing

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health

The Board has an aspiration to give equal value to mental and physical health. In setting its programme of work, and in the outputs of that work the Board will want to ensure that it is fulfilling that aspiration.

Background papers:

Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.

None